



COMMUNITIES OF PRACTICE

Community of Practice for Peer Supervisors

Community Conversation: Supporting People Navigating Eating Challenges – July CoP

Our Facilitators:

[National Center of Excellence for Eating Disorders](#)



Christine Peat, PhD, FAED, LP

Director, NCEED

Dr. Peat received a PhD in Clinical Psychology from the University of North Dakota and completed postdoctoral training in eating disorders research at UNC Chapel Hill. She is currently the Director of the SAMHSA-funded National Center of Excellence for Eating Disorders and an Associate Professor of Psychiatry at UNC Chapel Hill. In her clinical duties, Dr. Peat is a Licensed Psychologist who focuses on the treatment of eating disorders across the spectrum with a primary focus on binge eating. She also conducts pre-surgical evaluations and provides follow-up care for bariatric surgery patients in conjunction with the UNC Bariatric Program. Given her broader training in behavioral medicine, Dr. Peat also provides psychological interventions to patients who are struggling with both medical conditions (e.g., diabetes) and psychiatric illness.

In addition, Dr. Peat's research interests center on the etiology and treatment of both eating and weight disorders, with a primary focus on binge eating disorders, overeating, and obesity. She is particularly interested in the intersection between obesity, bariatric surgery, and eating pathology and investigating the outcomes associated with success after bariatric surgery. Dr. Peat also evaluates the available treatment options for binge-eating disorder and investigates medical morbidities associated with eating disorders.



Jennifer Kirby, PhD

Jennifer S. Kirby, PhD is a Clinical Professor in the UNC-CH Department of Psychology and Neuroscience, and in the UNC-CH Department of Psychiatry. Dr. Kirby serves as the Director of Clinic Operations and Training for the UNC-CH Psychology and Neuroscience Community Clinic. She specializes in cognitive behavioral therapy and dialectical behavior therapy, and trains and supervises graduate students, psychiatric residents, and professionals in individual and couple therapy using these treatment approaches. Dr. Kirby has participated in the development and evaluation of a number of relationship intervention programs from a cognitive-behavioral perspective. These have included working with couples who are experiencing eating disorders, emotion dysregulation, infidelity, health concerns such as breast cancer, and couples who are preparing for marriage. She also maintains an active private practice with individuals and couples.



Mae Lynn Reyes-Rodríguez, PhD, FAED

Dr. Mae Lynn Reyes-Rodríguez is an Associate Clinical Professor in the Department of Psychiatry and adjunct faculty within the Center for Latino Health (CELAH) at the University of North Carolina at Chapel Hill. She is a bilingual (English/Spanish) licensed clinical psychologist in North Carolina offering outpatient treatment for eating disorders, depression, anxiety and other emotional life distress issues. In addition to individual treatment, she also provides family therapy and couple-based therapy. Dr. Reyes-Rodríguez works with a wide range of ages (adolescents, young adults and adults). Her primary expertise is providing culturally sensitive interventions for Latino populations. She also has experience working with patients from diverse cultural, race/ethnicity and sexual orientation backgrounds. Dr. Reyes-Rodríguez also leads a cognitive behavioral therapy (CBT) group clinic for adult patients with major depressive disorder as part of the UNC Psychiatry outpatient clinic. The focus of her research is on the development of culturally appropriate interventions for Latinas with eating disorders with a specific emphasis on the developmentally and culturally appropriate incorporation of family members into treatment. Her current work builds on her experience working with adults with bulimia nervosa in Puerto Rico, which underscores the importance of incorporating the family early in treatment as a necessary cultural adaptation for Latinas.



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Tim Saubers,
Peer Recovery Center of Excellence
Lead, Workforce Development

Tim serves as a Program Coordinator for Workforce Development for the Peer Recovery Center of Excellence located at the University of Missouri Kansas City through a partnership with the Addiction Research Institute located at the Steve Hicks School of Social Work at The University of Texas Austin. He got his start as a Wisconsin Certified Peer Specialist in 2016 and has worked in direct support and supervisory roles. He previously managed Wisconsin's Certified Peer Specialist and Certified Parent Peer Specialist state certification programs. Additionally, Tim sits on a variety of state and national committees and workgroups dedicated to advancing the peer profession, reforming the mental health and substance use service systems, and the rights of people living with disabilities, among others. Tim centers the principles of equity and justice in his work while moving not just to disrupt and reform systems, but to create new systems in their entirety