

Community of Practice (CoP) Topics for Peer Recovery Support Specialist Staff (PRSS)

October 20, 2021: Moral Injury

This CoP session for PRSS will focus on defining the concept of "moral injury," why it's important for peer workers to understand, and what separates it from burnout or compassion fatigue. It will touch on examples of how moral injury can occur in behavioral healthcare settings for peers and clinical staff alike and will share strategies for navigating its impact.

Facilitator: <u>Brittyn Calyx</u>

Registration URL: https://umsystem.zoom.us/webinar/register/WN_euiJaXkBStW4zF0ncEuqkQ

November 17, 2021: Centering Lived Experience in Advocacy Work

This CoP session for PRSS will focus on ways that peer workers can engage in advocacy at various levels while centering their own lived experiences in the process. It will include examples of success at the state legislative level, ways to get involved, and strategies for success.

Facilitator: Willie Pearl Evans

Registration URL: https://umsystem.zoom.us/webinar/register/WN 1voU0BIdQFuHiDMXCFNj6w

December 8, 2021: Trauma and Peer Support

This CoP session for PRSS will focus on the role peer workers can play in supporting people who have experienced trauma. It will focus briefly on defining the trauma framework and then touch on strategies for providing peer support while remaining person-centered. It will also briefly name that different communities may experience trauma in different forms.

Facilitator: Tim Saubers, University of Texas, Austin

Registration URL: https://umsystem.zoom.us/webinar/register/WN qOgZQUM4RH-AoRgdJ3d- Q