



Intersection of Prevention and Recovery Part 2

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SAMHSA
Substance Abuse and Mental Health
Services Administration

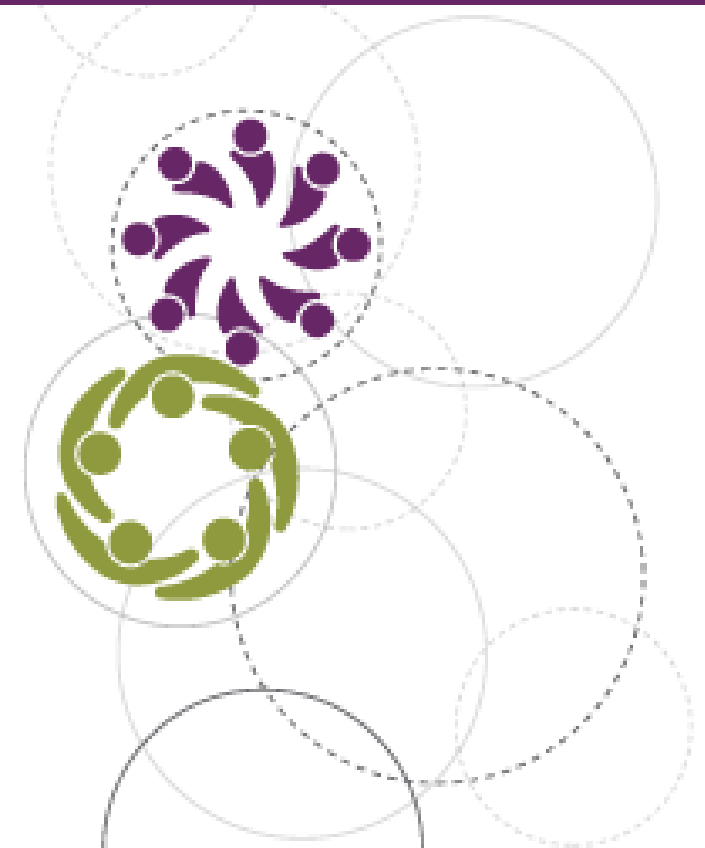
The Intersection of Prevention and Recovery

A Collaborative Webinar Series between:


Peer Recovery Center of Excellence

Great Lakes Prevention Technology Transfer Center

Prevention Technology Transfer Center Network



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Core Areas of Focus:


Clinical integration of peer support workers into non-traditional settings;

Building and strengthening capacity of Recovery Community Organizations;

Enhancing the professionalization of peers through workforce development;

Providing evidence-based toolkit and resource information to diverse stakeholders.





If we want addiction destigmatized,
we need a language that's unified.

The words we use matter. Caution needs to be
taken, especially when the disorders concerned
are heavily stigmatized as substance use
disorders are.

<https://www.recoveryanswers.org/addiction-ary/>

In The Chat, Tell Us.....

Your Name

Where You Live or Work



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Group Guidelines:

What do we need to create a safe Prevention and Recovery conducive space moving forward?

- RESPECT
- OPENNESS
- CONFIDENTIALITY
- STRETCH RULE
- ASSUME GOOD INTENTIONS
- BE STRENGTH-BASED



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General Suggestions and Tips:

1. Come ready to participate fully and critically in online learning.
2. Do your best to engage with the technology and make sure you attend to your needs.



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Chat Etiquette

- Ask Questions!
- Keep private conversations to a minimum to avoid distractions
- We expect a respectful, professional etiquette over chat. If you would not say it to someone standing right in front of you, you should not say it over chat.



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What Is Something You Learned During the Last Session ?



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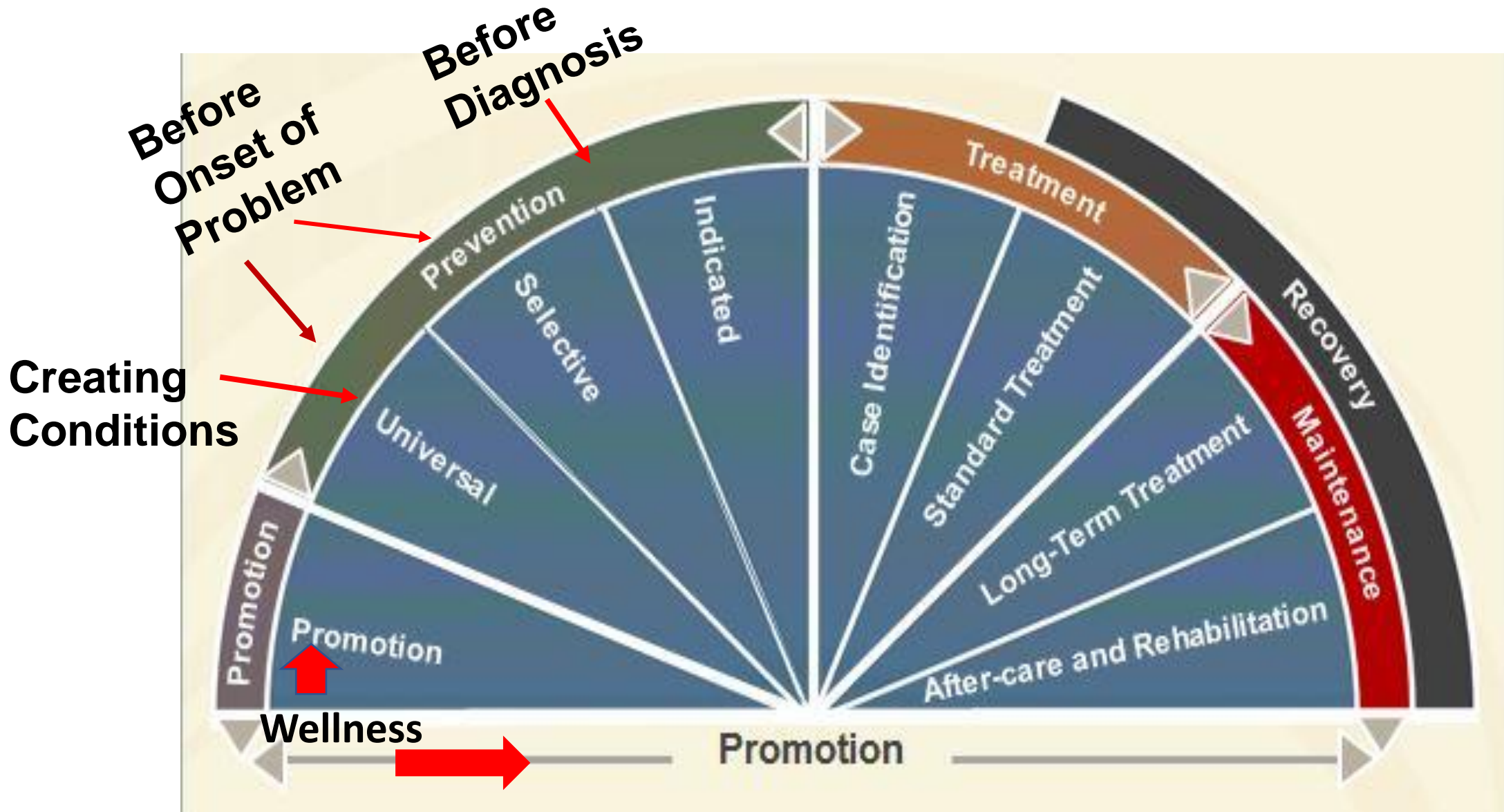
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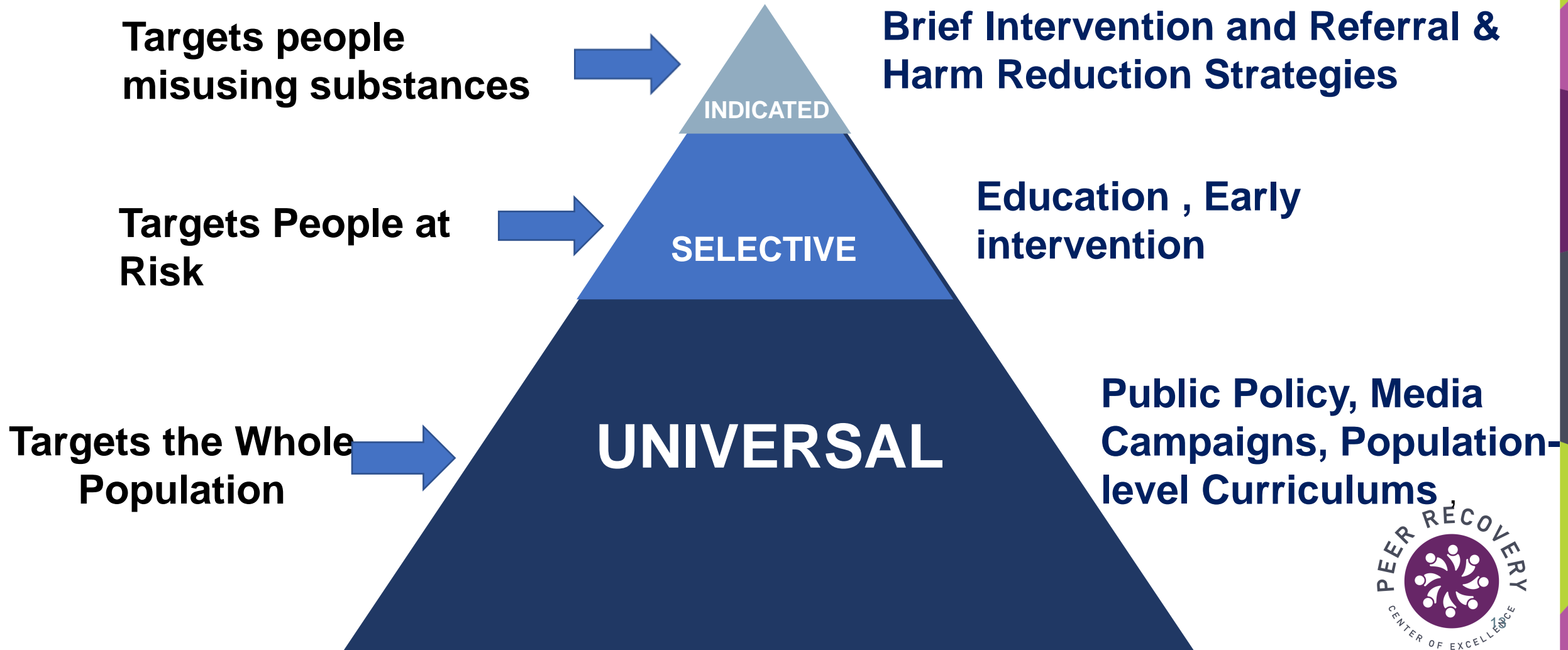


Reviewing Concepts from Session 1:
Prevention
Recovery
Health Inequity

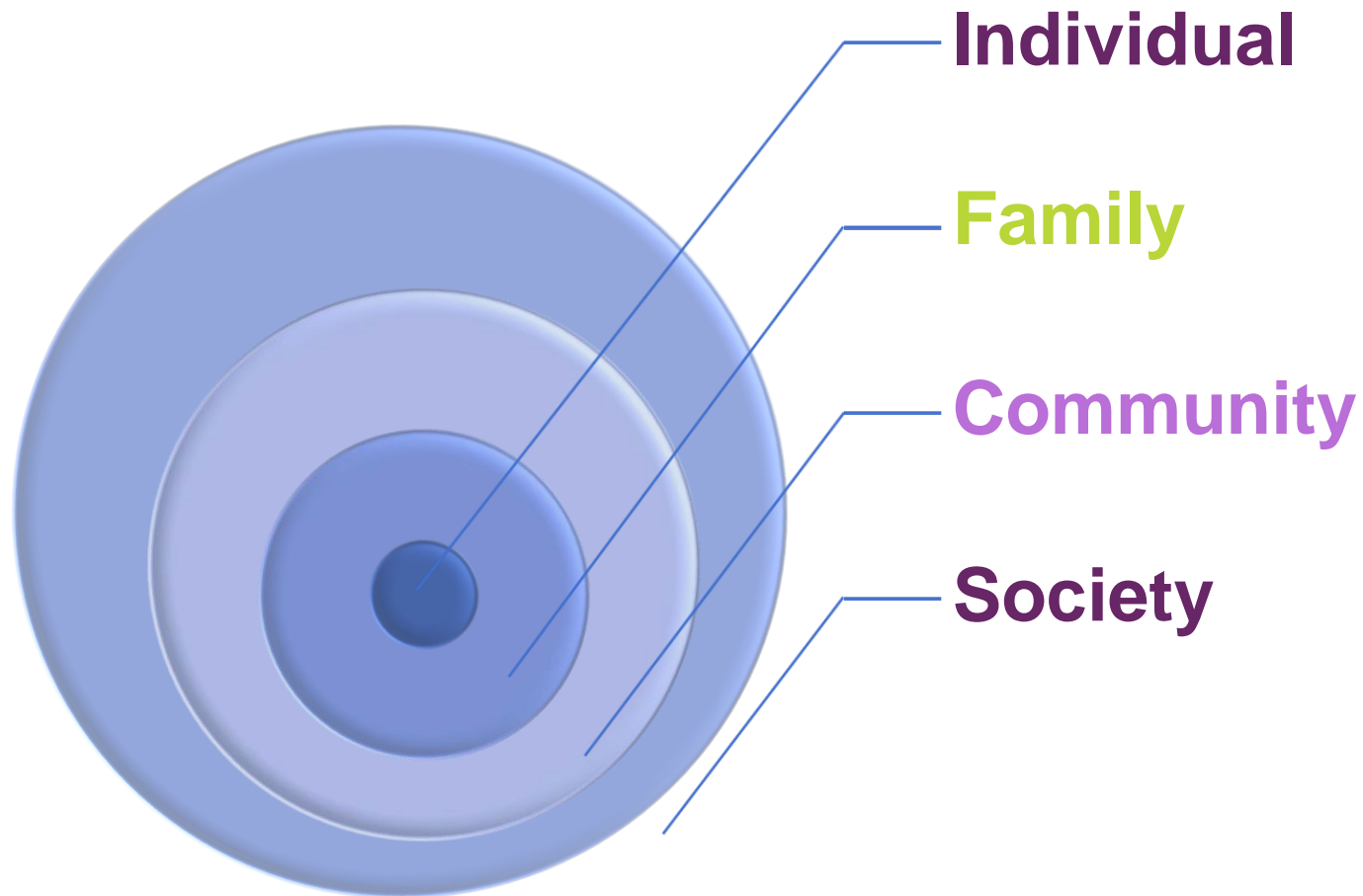
Revisiting the Definition of Prevention



Prevention Targets Multiple Populations



Risk and Protective Factors Occur in Multiple Settings



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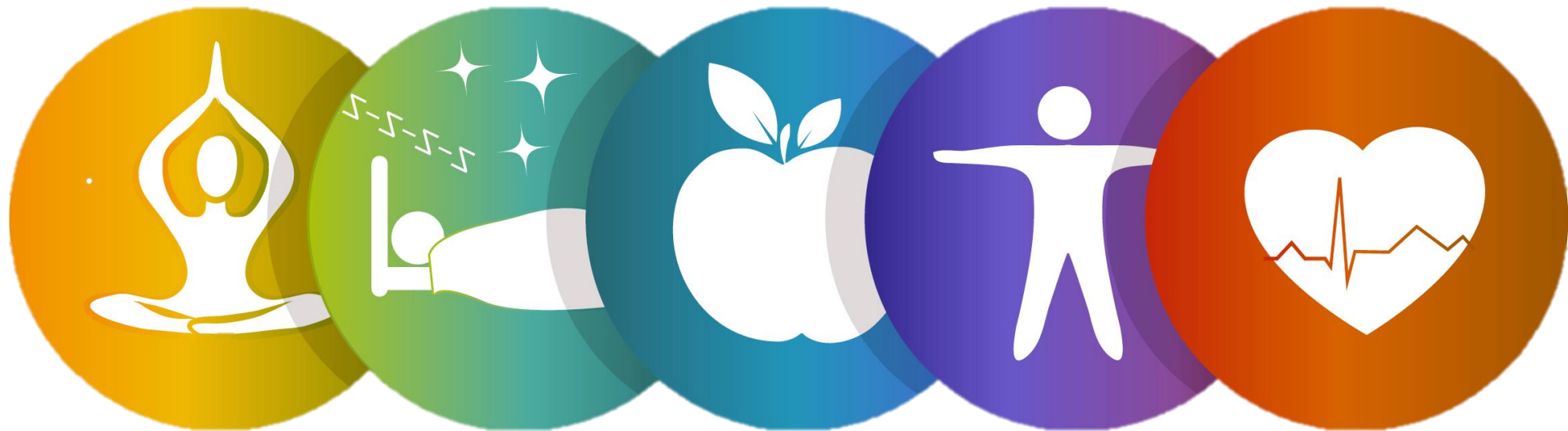
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Recovery

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”⁵



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Principles of Recovery Management¹¹

- Emphasis on resilience and recovery processes
- Recognition of multiple long-term pathways and styles of recovery
- Empowerment of individuals and families
- Highly individualized and culturally nuanced services
- Heightened collaboration with diverse communities of recovery
- Commitment to best practices



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What Is Recovery Capital?

The internal and external assets required to prevent problems and initiate and sustain long-term recovery.¹²



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Today's Session

- Distinguishing Prevention and Recovery
- Commonalities between Recovery and Prevention
- Opportunities for Collaboration
- Identifying Barriers to Collaboration
- Developing Personal Action Plans



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The background is a solid purple color. At the top center, there is a large, bright green semi-circle. On the left and right sides, there are vertical decorative borders. Each border consists of several overlapping geometric shapes: a green triangle at the top, a pink trapezoid below it, a dark grey rectangle, another pink trapezoid, and a green triangle at the bottom.

Recovery and Prevention Exploring Collaboration

Distinguishing PREVENTION from Recovery

- Comes prior to the diagnosis of a disorder
- Interventions designed to mitigate risk factors and enhance protective factors. Can include:
 - ✓ Education-based programs
 - ✓ Policy
 - ✓ Enforcement
 - ✓ Communication and public education
 - ✓ School and community bonding activities



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Distinguishing Prevention from RECOVERY

- Support services begin when a person has committed to his/her recovery
- Recovery supports include all services that support the individual in their recovery, such as:
 - ✓ Child care
 - ✓ Sober social activities
 - ✓ Employment and housing services
 - ✓ Life and parenting skills training
 - ✓ Peer coaching and support groups
 - ✓ Advocacy for policies that support persons in recovery and healthy communities.¹⁶



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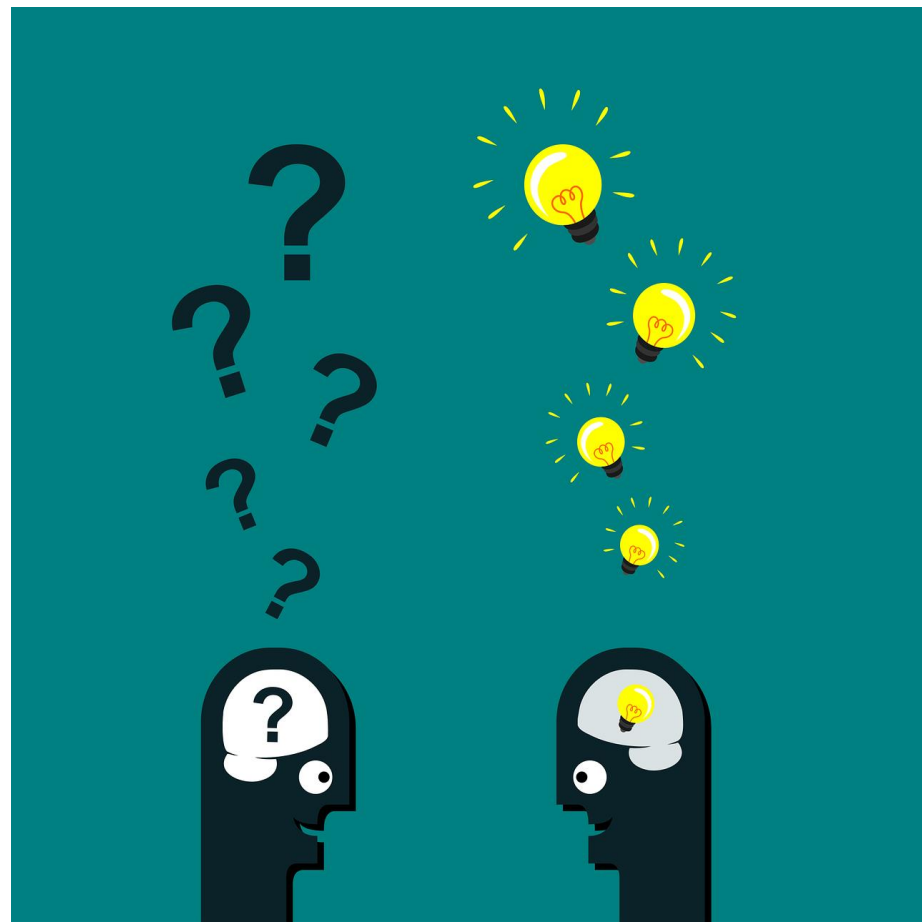
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It's Your Turn: What is your Experience?



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Learning From Each Other



In the chat...
Tell us what do recovery and prevention
have in common ?



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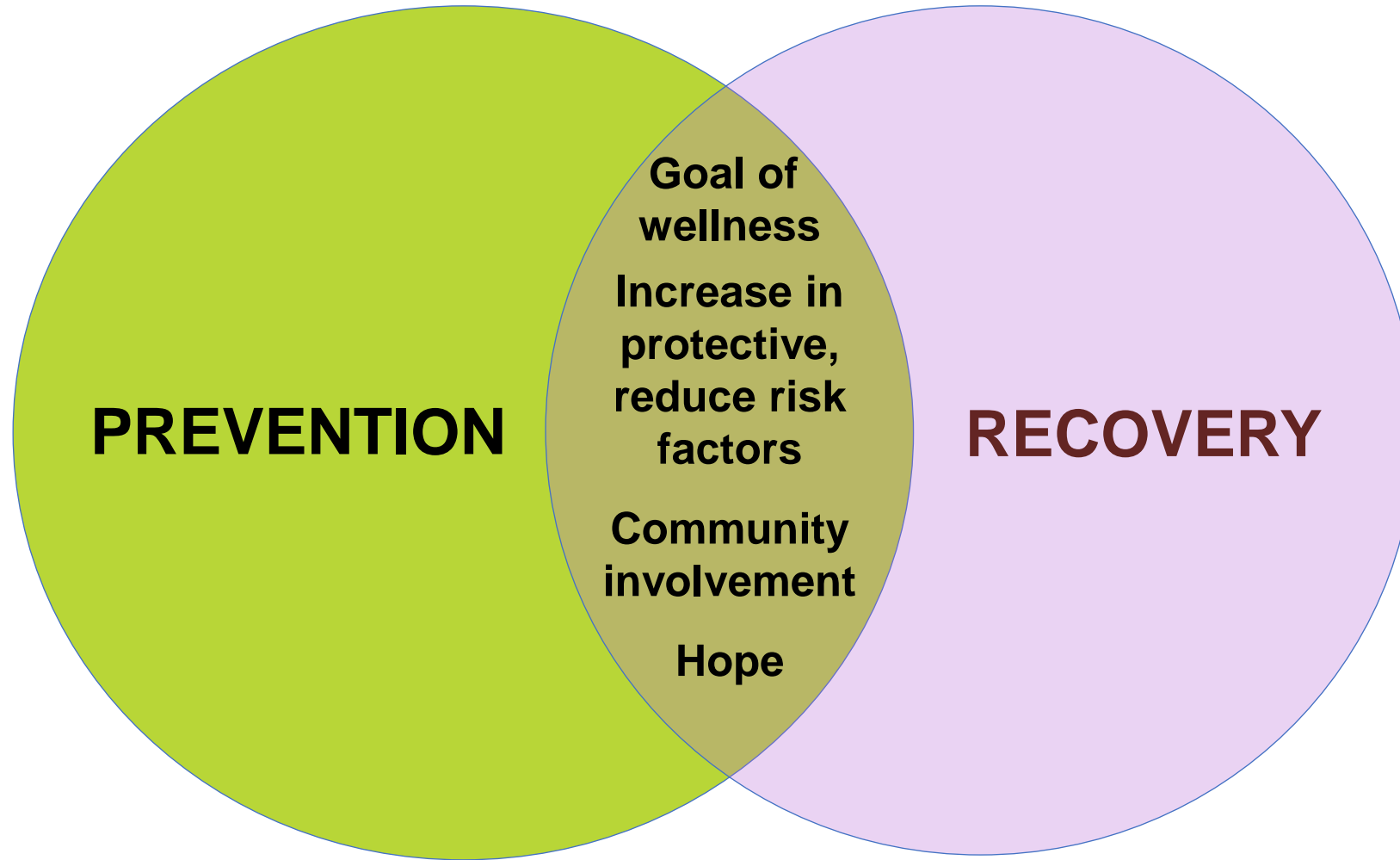


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What Do Prevention and Recovery Have in Common?



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Similarities Between Prevention and Recovery



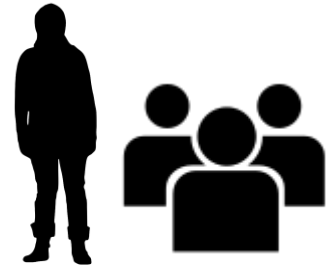
**Variable
Funding
Structure**



**Various
Settings**



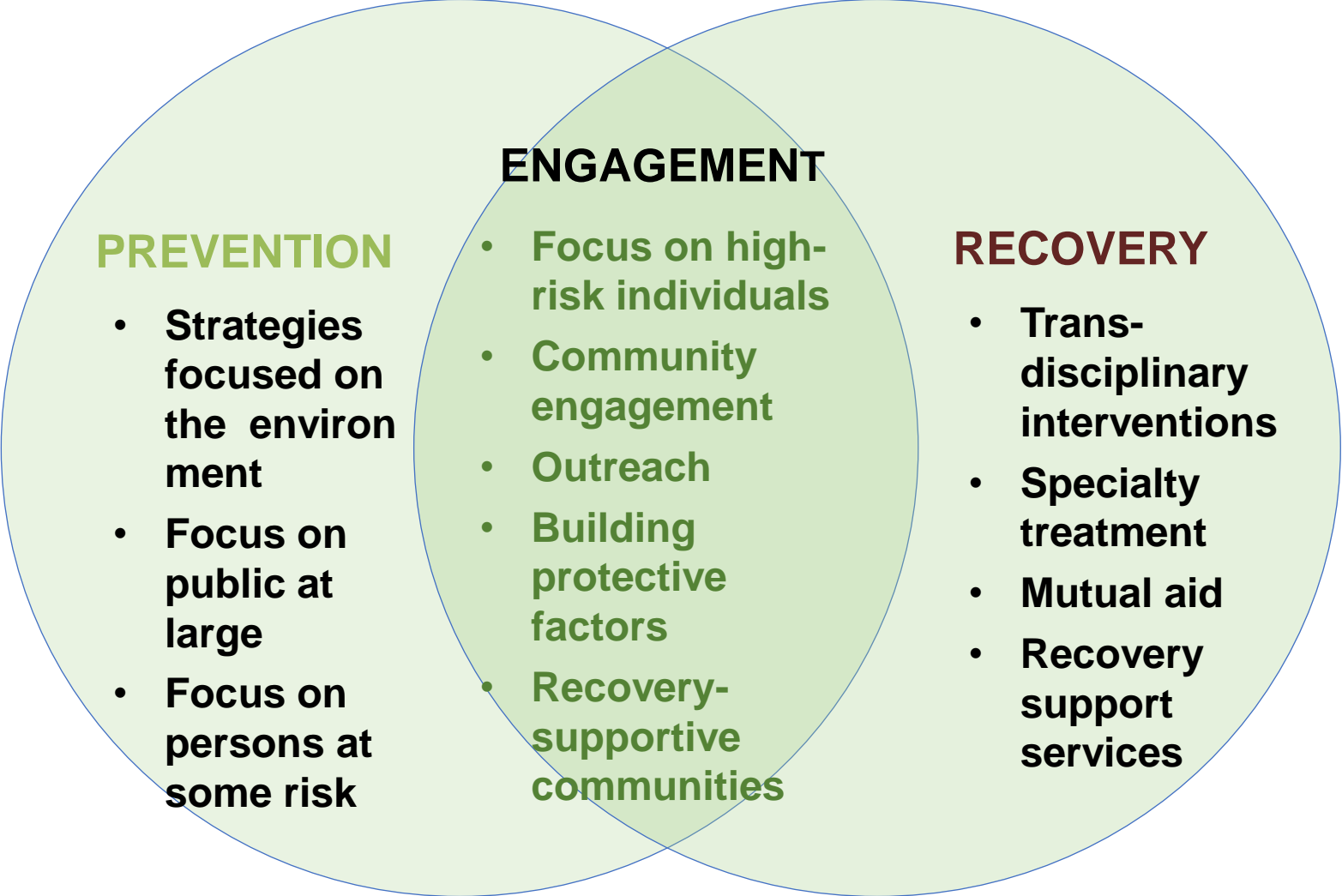
**Volunteer-
Supported**



**Individual-
and
Community-
Focused**



Health Promotion Approaches



Engagement: Where Prevention & Recovery Intersect

- Identifying and contacting members of the focus populations in their communities
- Establishing rapport among and between groups
- Providing information about risk behaviors and strategies to eliminate or reduce risk
- Enlisting commitment to behavior change⁶
- Address issues of racial and health inequities



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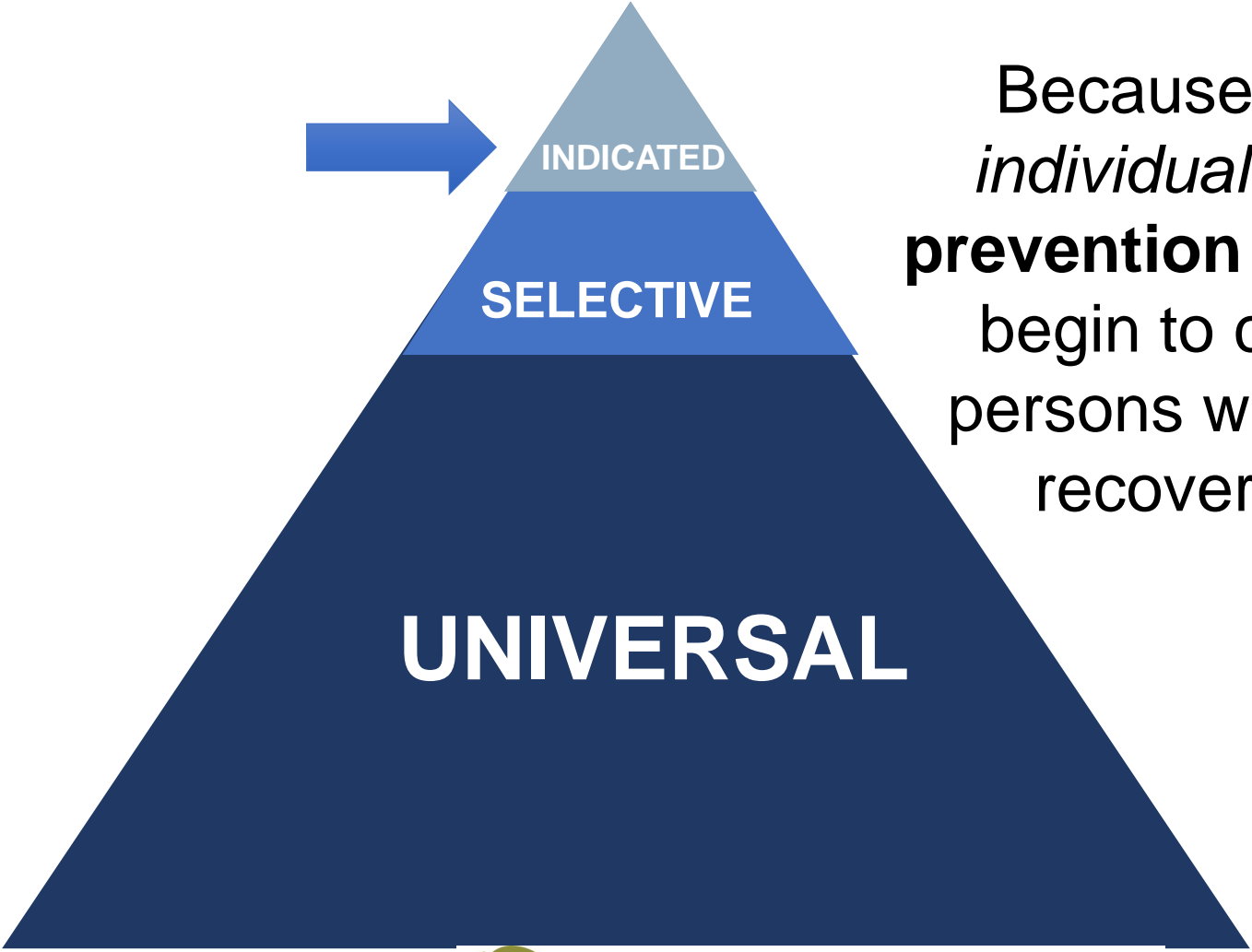


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Getting Closer: *Individual* Engagement



Because they target *individuals*, **indicated prevention interventions** begin to connect with persons who may need recovery support.



Connecting Prevention and...

- Individuals in recovery?
- The “recovery movement”?
- Recovery support services?
- Recovery community organizations?



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Getting Closer: *Community* Engagement:

A prevention-prepared community
is a
recovery-supportive community
is a
healthy community.



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Connecting Recovery and

- Substance misuse coalitions and other relevant working groups
- Prevention efforts focused on indicated populations
- Prevention efforts focused on changing conditions and environments
- Prevention efforts targeting issues of stigma



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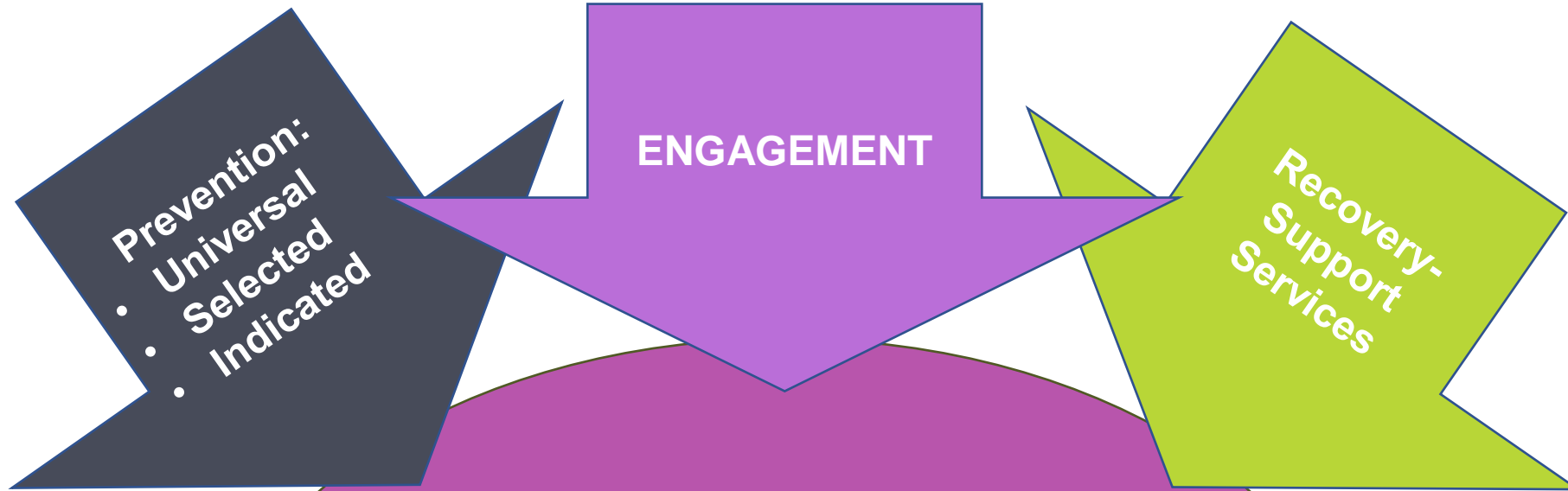
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BREAK



Where substance misuse problems are active

COMMUNITY

Where we build and maintain wellness



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Group Activity



Opportunities for Collaboration

What are some potential opportunities for collaboration?





Opportunities to Collaborate

- Addressing issues of stigma
- Working with indicated populations around opioid overdose prevention
- Changing community conditions
- Engaging parents in recovery and their children in Community Prevention Efforts
- Supporting each other public policy efforts
- Sharing information
- Promoting wellness



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Identifying and Solving Challenges to Collaboration



Common Challenges to Collaboration



Role Clarity



Language



History



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TIPS for Collaboration

- Founded on relationships building
- Requires a shared understanding of language
- Is intentional
- Benefits all parties
- Is not one size fits all
- Is about progress not perfection



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Personal Action Step



What is One Action You Can
Towards Working Closer with
Prevention or Recovery



Questions, Insights, Comments



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Join us for our Learning Labs!

Want to continue your learning and engagement with this topic?

- Increase knowledge sharing between recovery community and prevention professionals
- Development of a network of recovery community and prevention professionals
- Opportunities to take the information learned and apply it to real-life scenarios



The Intersection of Prevention and Recovery

Please complete this evaluation before you leave the training today!

1. Point your phone camera at the QR Code and you will get a pop-up button on your phone screen.
2. Press the pop-up message and it opens the **GPRA form** for the PR CoE Event
3. Complete the survey on your phone in 3 minutes and you are done!

Post-Event QR Code



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