

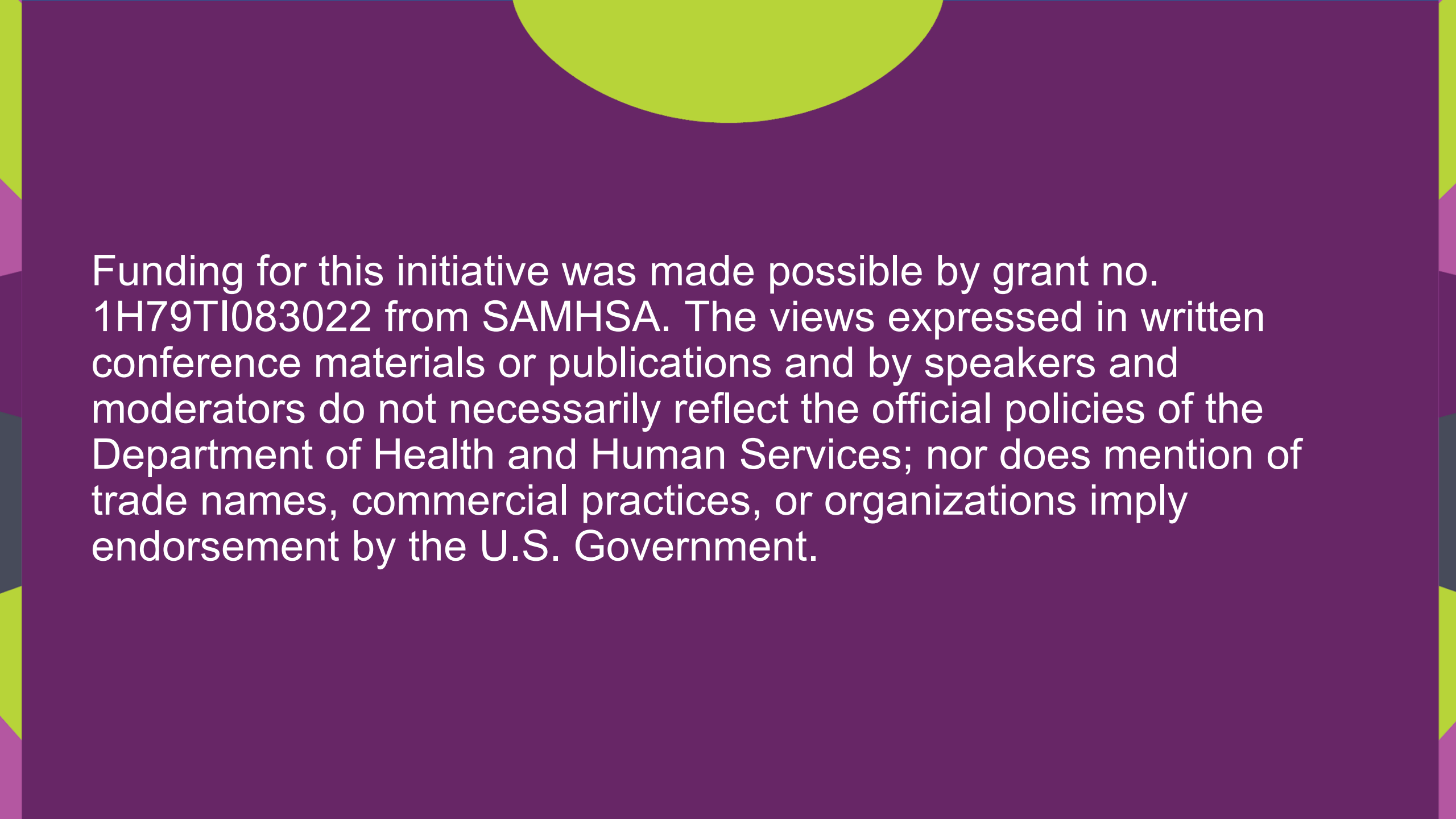


The Intersection of Harm Reduction, Prevention, and Recovery: Part 2

Presenters:

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SAMHSA
Substance Abuse and Mental Health
Services Administration



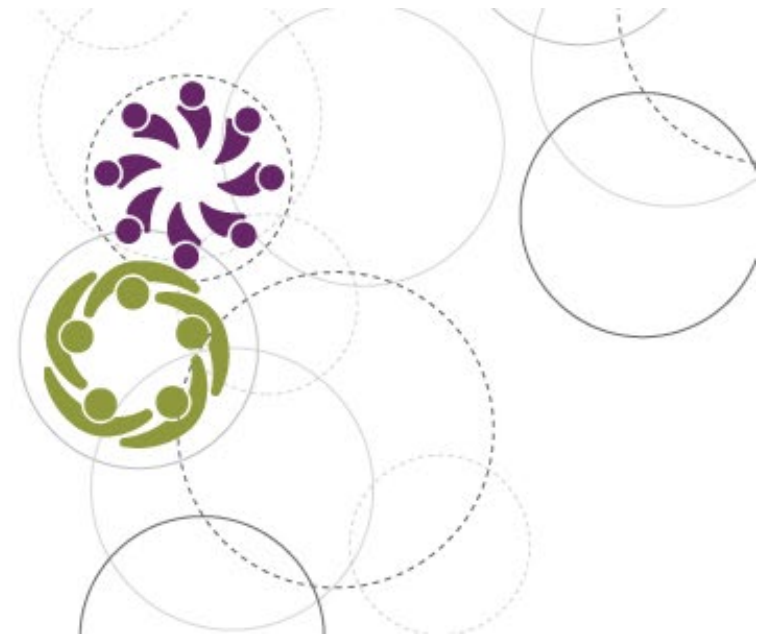
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The Intersection of **Harm** **Reduction, Prevention & Recovery**

A Collaborative Webinar Series between:

Peer Recovery Center of Excellence
Prevention Technology Transfer Center Network



Peer Recovery Center of Excellence: Core Areas of Focus


Clinical integration of peer support workers into non-traditional settings;

Building and strengthening capacity of Recovery Community Organizations;

Enhancing the professionalization of peers through workforce development;

Providing evidence-based toolkit and resource information to diverse stakeholders.





If we want addiction destigmatized,
we need a language that's unified.

The words we use matter. Caution needs to be
taken, especially when the disorders concerned
are heavily stigmatized as substance use
disorders are.

<https://www.recoveryanswers.org/addiction-ary/>

Housekeeping

- This presentation is being recorded. The recording will be made available in the coming weeks through the Peer Recovery Center of Excellence.
- During the presentation, submit questions and feedback in the chat box or Q & A. This will be an interactive webinar- please share your thoughts and questions!
- You will receive the slides for this presentation via email.
- We value your feedback! When the evaluation link is provided at the end of the presentation, please submit your response within 1-2 days.





Objectives

- Describe the intersections between prevention, recovery, and harm reduction approaches
- Define common terms used in prevention, recovery, and harm reduction
- Develop specific ways in which prevention, recovery community, and harm reduction practitioners can better support one another



Review: Framing the Discussion



- Harm Reduction, Prevention, and Recovery have common goals
- Prevention incorporates some harm reduction strategies when addressing opioid overdose
- Most harm reduction strategies are outside the purview of substance misuse prevention
- Collaboration is key for developing a comprehensive approach to addressing substance misuse and addiction



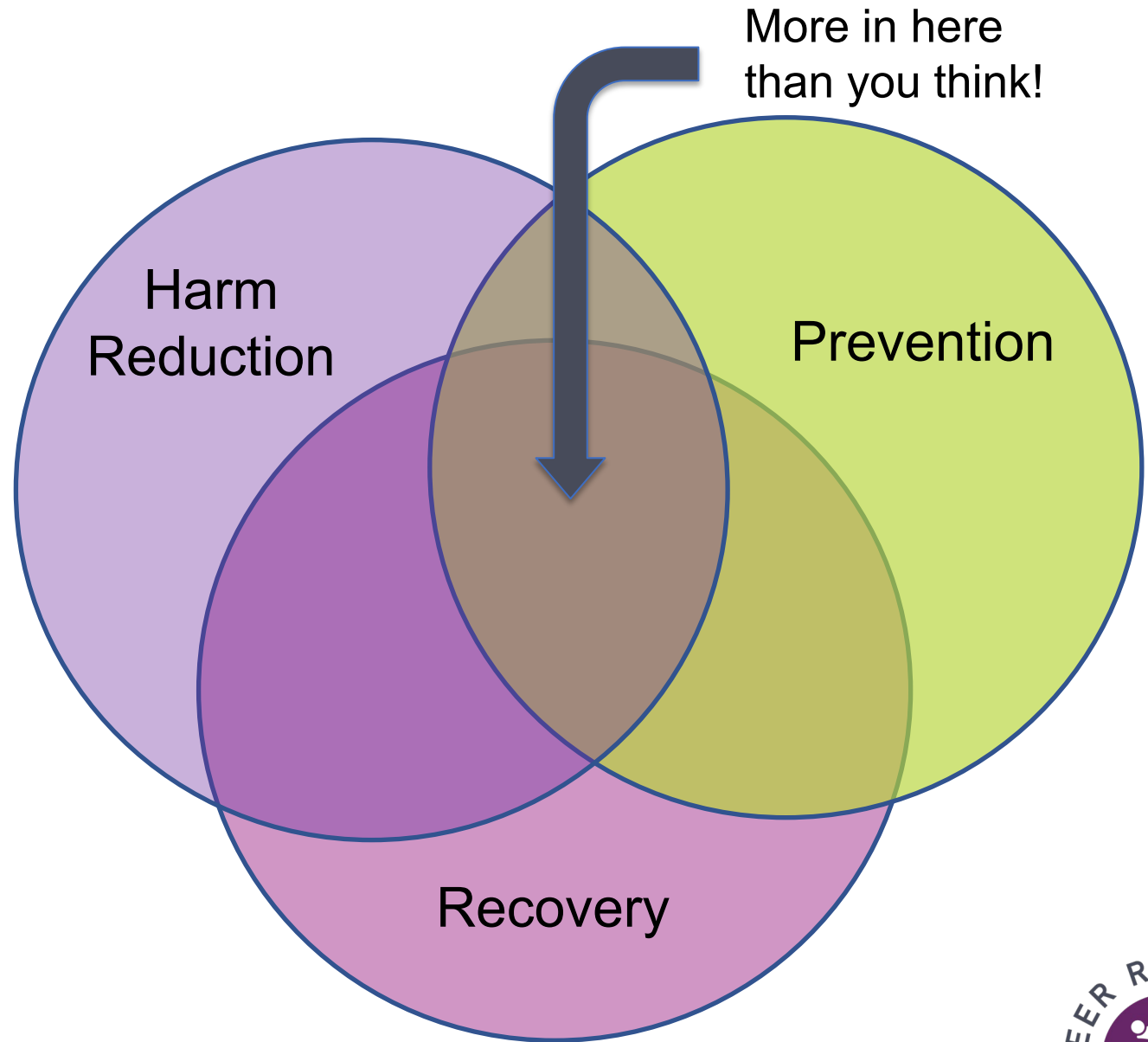


What do
you think
you do/are?

what society thinks i do	what my family thinks i do
what i think i do	what i actually do



Where Harm Reduction, Prevention, and Recovery Intersect





Common Threads



Shared Goals

- Goal of wellness
- Individual, family, and community focus
- Actions to increase protective factors/recovery capital and reduction risk factors/vulnerabilities
- Work to change policies, regulations and community norms
- Reduce stigma
- Addressing disparities and building equity



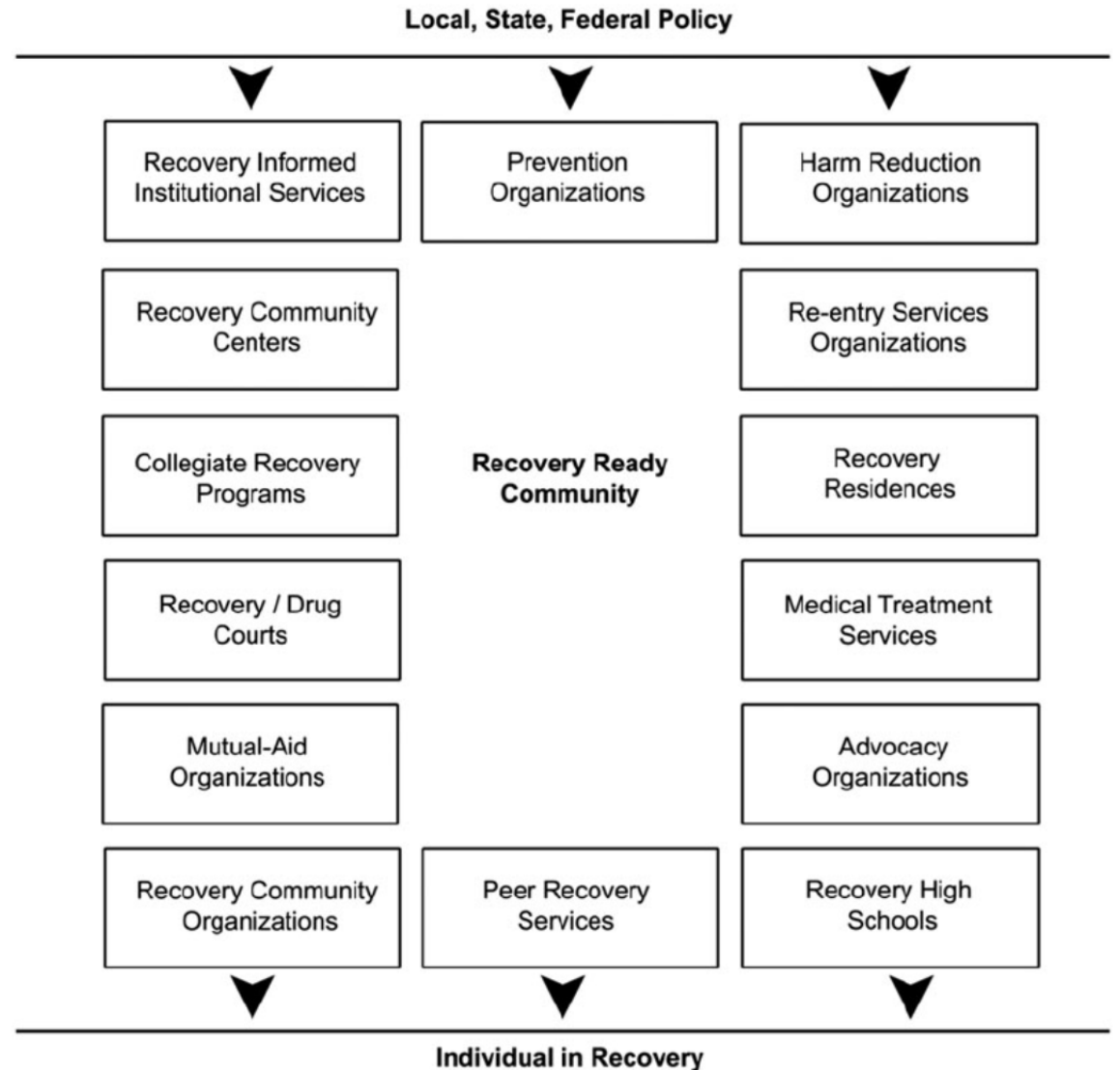
Recovery Oriented System of Care

The central focus of a ROSC is to create an infrastructure or "system of care" with the resources to effectively address the full range of substance use problems within communities. (Great Lakes ATTC)

Prevention: Adolescent education, SBIRT

Harm Reduction: Syringe service programs, Supervised consumption spaces

Recovery Support Services: Education, Employment, Social Support

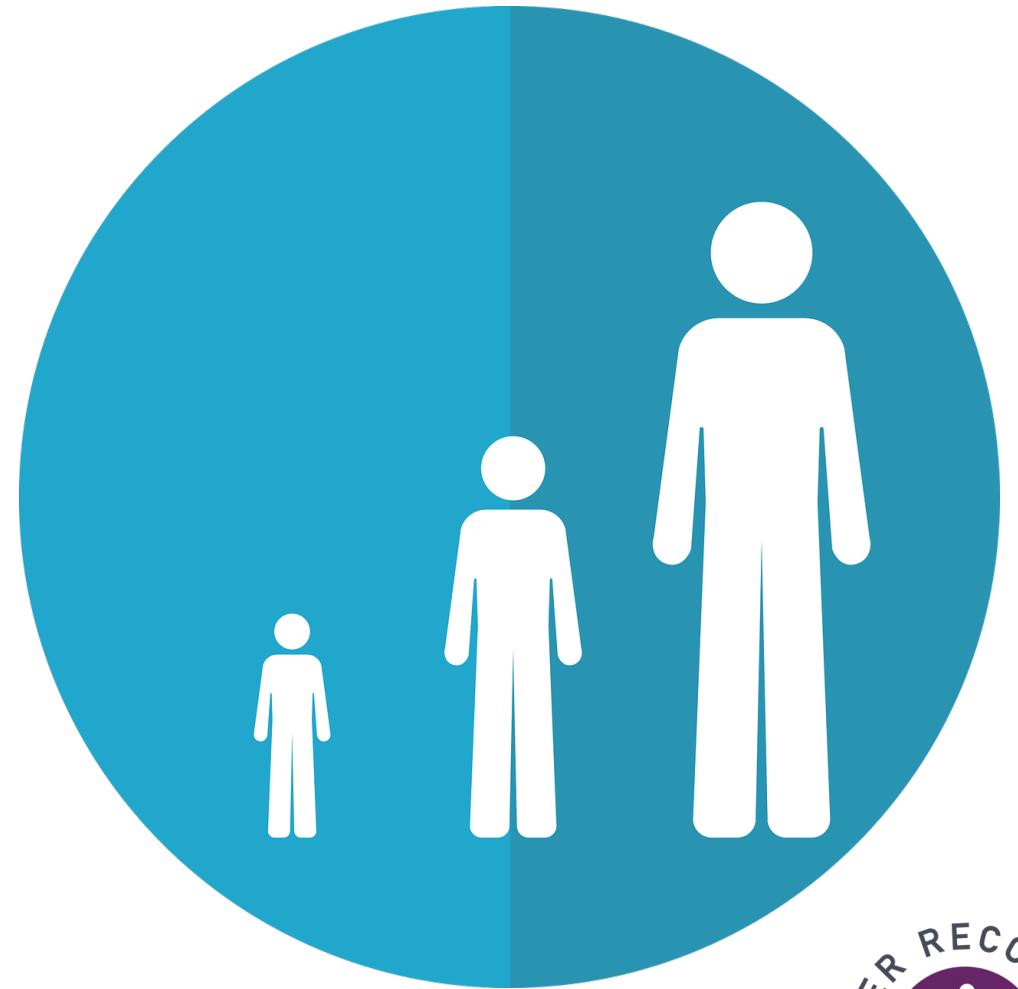


Source: Building Recovery Ready Communities: The Recovery Ready Ecosystem Model and Community Framework



Addressing an Individual's Needs at Different Stages

- Prevention
- Harm Reduction
- Recovery
- Prevention, Harm Reduction, and Recovery – are addressing the same person at different (fluid) stages and often all at once

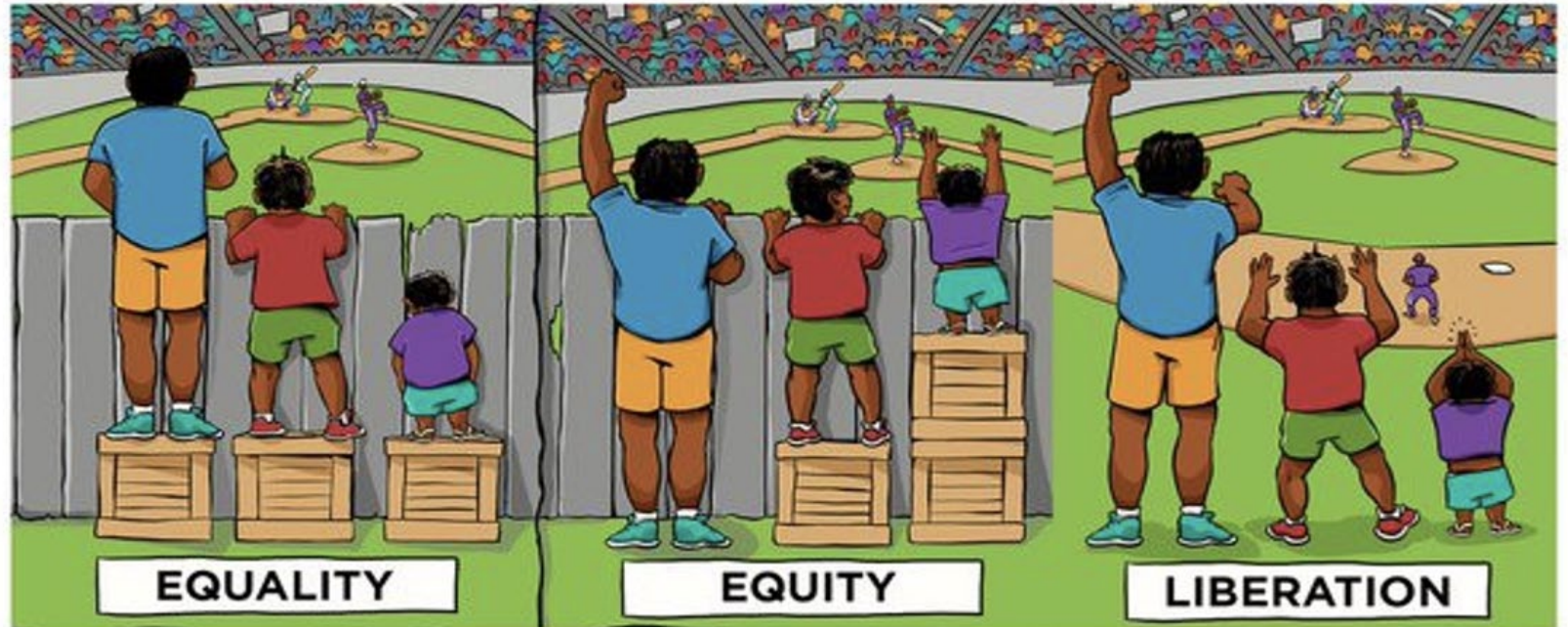


Equity



Don't just tell a different version of the same story.
Change The Story!

- Partnerships
- Cultural humility
- Policy and advocacy
- Institutionalization of policies and practices

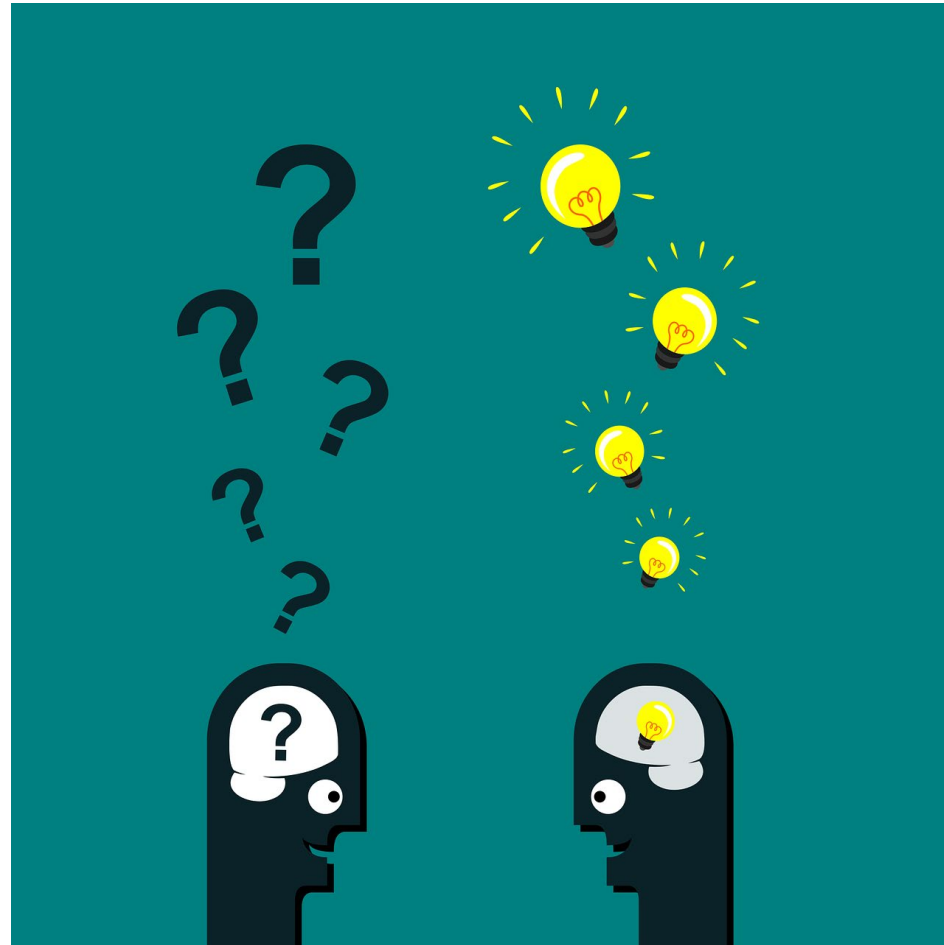


Benefits of Collaboration

- Elimination of stigma
- Person-first, strength-based, humanized language
- One consistent voice for those affected
- Building of health equity and social justice
- Shared understanding among disciplines
- More efficient use of funds
- Healthier individuals, families, and communities
- Principled service design and delivery



Sharing Knowledge for Action



Where do we start?

- Building relationships
- Attending conferences
- Cross trainings
- Community events
- Join a coalition or advisory board
- Social media
- Speak with people from communities
- Sit with someone from harm reduction, recovery, prevention



Examples of Successful Partnerships

ME- Safe Disposal of Sharps:
A Tool Kit

NH, RI: Recovery Friendly
Workplaces

RI: Student Assistance Harm
Reduction Strategies

Low-Risk Cannabis Guidelines for
Young Adults

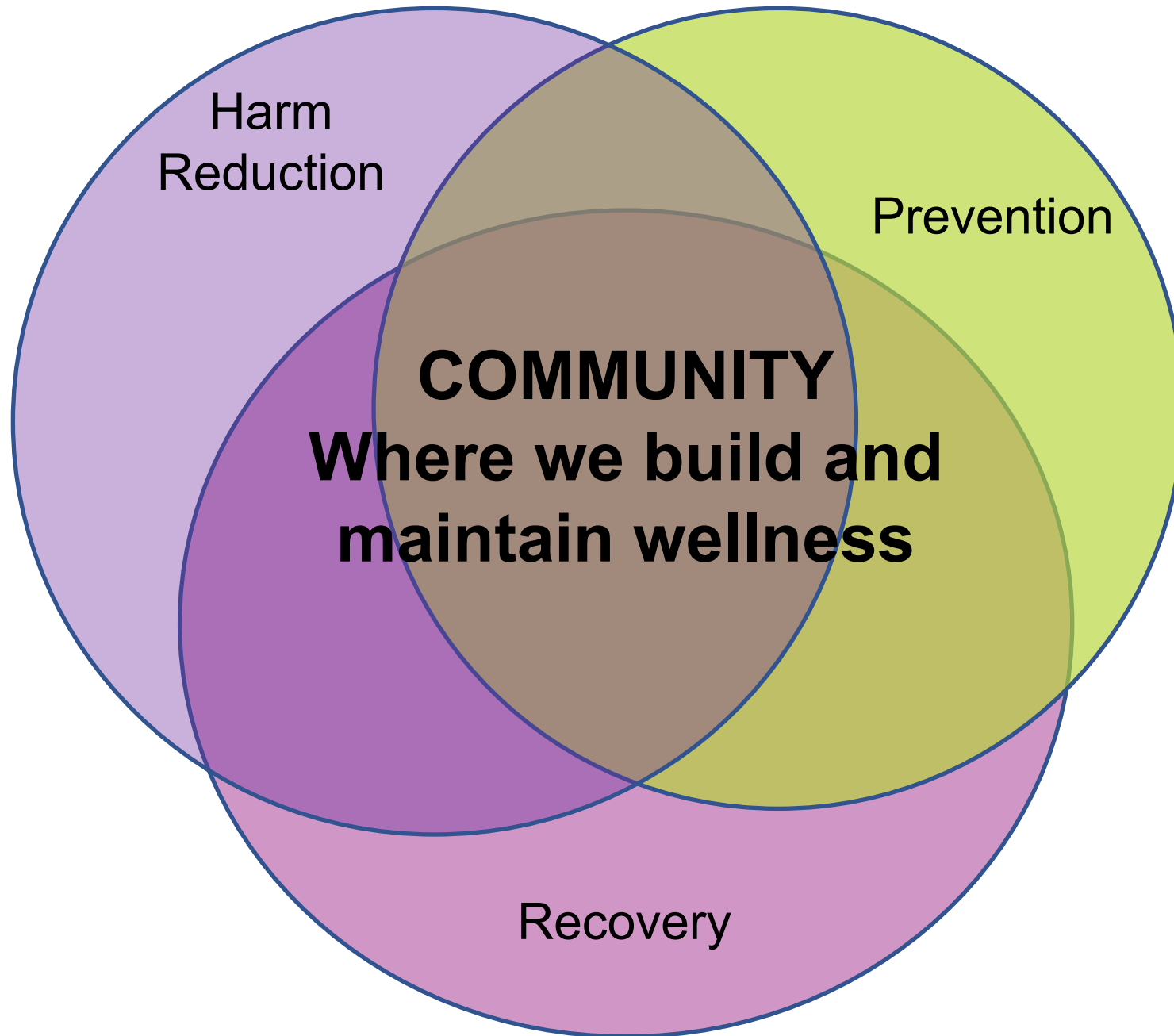
A Framework for Action: A Four
Pillar Approach to Drug Problems
in Vancouver



National Recovery Organizations
working with statewide and local
Recovery Community
Organizations

Integration of Peer Recovery
Support Services into a variety of
settings





Taking Action



What can I do next week?

What can I do in 3 months?

What can I do in 2 years?



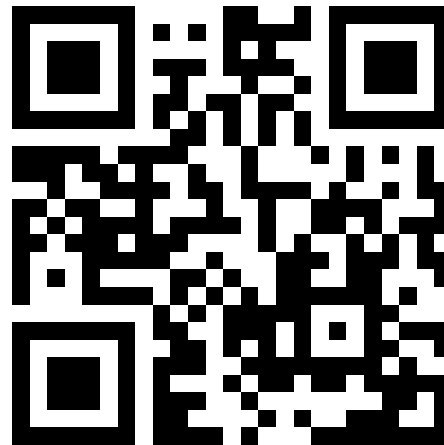
Questions?



The Intersection of Harm Reduction, Prevention, and Recovery

1. Point your phone camera at the QR Code and you will get a pop-up button on your phone screen.
2. Press the pop-up message and it opens the **GPRA form** for the PR CoE Event/PTTC Network
3. Complete the survey on your computer or phone in 3 minutes and you are done!

Post-Event QR Code





Coming Soon Learning Labs Toolkit

The learning lab sessions are designed to be held after participants participant in the webinar or watch the recording of the webinar, *The Intersection of Harm Reduction, Prevention, and Recovery*.

The goal of the learning lab is to create a safe space to have authentic dialogue, as well as to generate ideas for action that participants can implement between and following the learning lab sessions





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